PEAK PERFORMANCE

ELEVATE YOUR
MIND, BODY & SPIRIT
WITH THE MAJESTIC MOUNTAINS OF
CENTRAL OREGON

OFSOA ANNUAL CONFERENCE 2008
AMERITEL INN, BEND OREGON
OCTOBER 15 – 17, 2008

Register online at www.ofsoa.com

CONFERENCE LOCATION AND LODGING:

AmeriTel Inn Bend 425 SW Bluff Avenue Bend, OR 97702 Reservations: (541) 617-6111	***Block Name:*** *OFSOA, confirmation #'s 149952 AND 149954* ***Block Rates:*** *$109.75 (riverview) or $119.75 (king balcony). Rates good until September 15, 2008 and based on block availability.* Tax exemption certificates are accepted at check-in

2008 OFSOA Fall Conference Schedule

Wednesday, October 15, 2008 **Office Attire Suggested**

7:00 a.m. – 8:00 a.m. **Registration**

8:00 a.m. – 8:15 a.m. **Opening Ceremonies**

8:15 a.m. – 10:30 a.m. **Hit by the Stupid Truck – Fire Chief Jeff Johnson, TVF&R**

Jeff Johnson will talk to us about being "Hit by the Stupid Truck." If you've ever watched in agony as a colleague self-destructs publicly from their own behavior, you must wonder...what were they thinking? Were they hit by the stupid truck? Chief Johnson delves into the causes that underlie self destructive conduct that seems to belie reason and rational thinking—but in the end, hurts all of us even remotely affiliated with our respective professions. While painfully humorous, you will learn to spot at-risk patterns of conduct and gain insight into the difference between a lone event and symptomatic behaviors.

Chief Johnson is the Second Vice President of the IAFC, Past President of the Board of Directors of the Oregon Fire Chiefs Association (OFCA), on the Board of Directors of the Western Fire Chiefs Association, Chair of the Governor's Fire Policy Council, and a member of IFSTA's Development & Validation Committee.

10:45 a.m. – 11:45 a.m. **Strategic Plan Presentation – Elaine Parrott, Past President**
(Annual Business Meeting to follow – 1st call for nominations)

12:00 p.m. – 1:00 p.m. **LUNCH**

1:00 p.m. – 2:30 p.m. **Public Records Laws of the State of Oregon – Mike Matthews**

Mike Matthews will speak to the issues of records retention, including retention schedules, records management, and the Public Records Laws of the State of Oregon. Mike Matthews has been employed by the Secretary of State since 2001 as a Records Management Analyst specializing in developing retention and disposition standards for state and local government agencies.

2:45 p.m. – 4:30 p.m. **When Tragedy Strikes Close – Captain Mark Taylor, Bend Fire**

Mark Taylor has been trained by the International Critical Incident Stress Foundation as a trainer for the Basic Group Crisis Intervention course and Individual Crisis Intervention and Peer Support courses. In this class we will explore how and why we react to tragedies close to us; whether on or off the job; what happens to those around us can profoundly impact our lives. We'll look at what can we do to help ourselves and others after the fact. We will discuss some preventative measures we can take to prepare ourselves. We will also briefly explore the topic of stress and Critical Incident Stress Debriefing. The class will be fun and interactive.

6:00 p.m. **President's Fun Night - Dinner & Bunco** **Casual Attire Suggested**

Thursday, October 16, 2008 **Office Attire Suggested**

7:30 – 8:30 **Registration**

9:00 a.m. – 11:30 a.m. **How to Read People – Michael Beck, Exceptional Leadership**

We will learn the art of reading people and how to present effectively. We'll learn the four Social Styles: Analytical, Commander, Expressive, and Stabilizer (A.C.E.S.). We will also learn how to read these styles in others by effectively observing and listening. Finally, we'll learn how to adjust our presentation to best deliver our information for each Social Style. Michael Beck, executive coach, trainer and professional speaker is president and founder of Exceptional Leadership, Inc. He works with sales and marketing professionals to improve their recruiting, marketing, productivity, communication, and leadership competencies.

11:30 a.m. – 1:00 p.m. **Lunch/Annual Business Meeting Cont.** (2nd call for nominations)

1:00 p.m. – 4:30 p.m. **IRS Reporting Requirements – Tom Mansell, IRS**

Tom will provide us with information on IRS reporting requirements related to Volunteer Reimbursement and Fringe Benefits in the Fire Service. Tom is a licensed CPA in the State of California. He works in the Northern California/Santa Rosa area. He has been with the government 17 years, working with government agencies for approximately five years.

6:00 p.m. **Banquet – Installation of Officers** ***Semi-formal Attire Suggested***

Friday, October 17, 2008 **Casual Attire Suggested**

7:30 – 8:30 **Registration**

9:00 a.m. – 12:00 p.m. **Reducing Stress and Preventing Burnout – Robin Rose**

How often do you arrive at work with energy and enthusiasm? In this session we will look at practices that help you maintain a healthy work life. Discover areas of your life that require a "tune-up" in order to have the passion, energy and enthusiasm that you desire. In addition, we will look at what is essential to prevent burnout and fatigue. This session will be fun, energizing and full of personal insights.

Robin holds a masters degree in counseling/psychology from Lewis & Clark College and has been teaching, training, and consulting for over twenty years. Robin's expertise is in teaching people how to stay calm, professional, and effective — especially during high-stress, high-pressure situations.

Bunco – President's Fun Night

Join us for Good Food – Good Company – Good Fun!

Silent Auction

Don't forget to bring your items for the Silent Auction…

Raffle

Once again, we will be raffling off themed baskets…

OFSOA ANNUAL CONFERENCE 2008 Registration Form

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Register online at www.ofsoa.com and reserve your room at AmeriTel Inn

First Name: _____ Last Name: _____
Position: _____ Agency: _____
Mailing Address: _____
City: _____ State: _____ Zip Code: _____
Phone: _____ Fax: _____
E-Mail: _____

☐	Full Conference – Member	$170.00
☐	Full Conference – Non-member	$200.00
☐	Wednesday Only – Member	$100.00
☐	Wednesday Only – Non-member	$130.00
☐	Thursday Only – Member	$100.00
☐	Thursday Only – Non-member	$130.00
☐	Friday Only – Member	$ 50.00
☐	Friday Only – Non-member	$ 80.00
☐	Extra banquet tickets ***(day only or guests)*** No. needed _____@$25 ea.	$_____
☐	President's Fun Night ***(not included in registration)*** No. needed _____@$20 ea.	$_____
☐	This is my first OFSOA event	
☐	I will attend the banquet ***(included in full conference fee)***	
	Total Due with Registration:	$_____

Make checks payable to OFSOA and mail to:
OFSOA, Attn: Rhonda
1998 W Ida Street
Stayton, OR 97383
Phone: (503) 769-2601
Fax: (503) 769-1487
Register online at www.ofsoa.com

LAST DAY TO REGISTER: October 3, 2008 – Registration fees cannot be refunded after this date

*You can obtain your tax exemption form by contacting OFCA or by downloading the form at www.ofsoa.com under Documents
*The OFSOA Scholarship Fund was created to assist members with training expenses. If funding is the reason you may not be attending, please contact Elaine Parrott at (541) 327-2822 or e-mail scholarships@ofsoa.com.